

Tiger Kim's World Class Tae Kwon Do Centers

1425 River Ridge Dr. *Clemmons, NC * 766 -6116

www.tigerkimstk.com

Class Schedules

Effective 4 / 5th / 2010

Children / Adults / Families

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (am)
White Belt Kids		3:50 – 4:30	5:00 – 5:40		3:50 – 4:30	11:20 – 12:10
Yellow Belt Kids		5:10 – 5:50		3:50 – 4:30	5:10 – 5:50	11:20 – 12:10
Green Belt Kids	3:50 – 4:30		5:40 – 6:20	5:40 – 6:20		11:20 – 12:10
Blue Belt Kids		5:50 – 6:30	3:50 – 4:30		4:30 – 5:10	12:10 – 1:00
Red Belt Kids	5:50 – 6:30	4:30 – 5:10		5:00 – 5:40		12:10 – 1:00
Double Black Belt	Participate In Your Requirement Classes				7:30 – 8:20	12:10 – 1:00
Kids Sparring (Green Belt & High)	Must Have Your Own Full Safety Gear				5:50 – 6:40	
ADULTS						
All Adults (Afternoon)	12:00 – 12:50		12:00 – 12:50		12:00 – 12:50	11:20 – 12:10 White belt – Blue Stripe
All Adults (Evening)	8:10 – 9:00	8:10 – 9:00	8:00 – 8:50	8:00 – 8:50		12:10 – 1:00 Blue belt - High
Adult Sparring (Green Belt & High)	Must Have Your Own Full Safety Gears Every Class					
FAMILY TIME						
Family & Low Belt (White belt – Blue Stripe)	6:30 – 7:20	6:30 – 7:20			6:40 – 7:30	11:20 – 12:10
Family & High Belt (Blue belt - High)	7:20 – 8:10		6:20 – 7:10	6:20 – 7:10		12:10 – 1:00
ALL BLACK BELTS						
All Black Belts	4:30 – 5:20	7:20 – 8:10	7:10 – 8:00	Participate Color Belt Classes		
Haidong Kumdo	Must Wear Kumdo Uniform			7:10 – 8:00		10:00 – 10:50

Little Tigers Program (ages 4 and 5)

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Belts	5:20 – 5:50		4:30 – 5:00	4:30 – 5:00		10:50 – 11:20