



# Tiger Kim's World Class Tae Kwon Do Centers

3935 Brian Jordan Place \* High Point, NC \* 841 - 1330

www.tigerkimstkd.com

## Class Schedules

### Children / Adults / Families

Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (am)
White Belt Kids		4:40 – 5:20	5:10 – 5:50		4:00 – 4:40	Family Class
Yellow Belt Kids		5:20 – 6:00		4:00 – 4:40	5:20 – 6:00	Family Class
Green Belt Kids	4:00 – 4:40		5:50 – 6:30	5:50 – 6:30		Family Class
Blue Belt Kids		6:00 – 6:40	4:00 – 4:40		4:40 – 5:20	Family Class
Red Belt Kids	5:10 – 5:50	4:00 – 4:40		5:10 – 5:50		Family Class
Double Black Belt	Participate in Any Blue or Red Belt Classes				7:40 – 8:30	Family Class
Kids Sparring (Green Belt & High)	Must Have Your Own Full Safety Gear				6:00 – 6:50	
<b>ADULTS</b>						
All Adults (Afternoon)	12:00-12:50		12:00-12:50		12:00-12:50	Family Class
All Adults (Evening)	8:20 – 9:10	7:30 – 8:20	8:10 – 9:00	7:20 – 8:10		Family Class
Adult Sparring (Green Belt & High)	Must Have Your Own Full Safety Gear			8:10 – 9:00		
<b>FAMILY</b>						
Low Belt & Family (White belt – Blue Stripe)	6:40 – 7:30	6:40 – 7:30			6:50 – 7:40	11:20 – 12:10
High Belt & Family (Blue belt - High)	7:30 – 8:20		6:30 – 7:20	6:30 – 7:20		12:10 – 1:00
<b>ALL BLACK BELTS</b>						
Black Belts	5:50 – 6:40		7:20 – 8:10			10:00 – 10:50
Kids	Participate in Any Color Belt Classes					
Adults	Participate in Any Adult Classes					

### Little Tigers Program (ages 4 and 5)

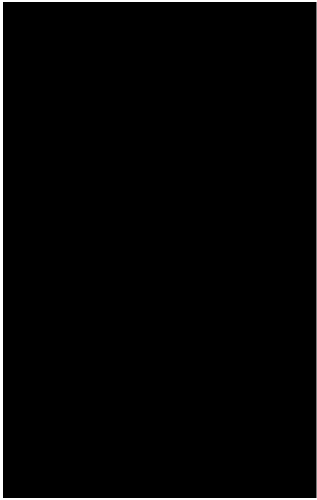
Belt Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Belts	4:40 – 5:10		4:40 – 5:10	4:40 – 5:10		10:50 – 11:20



*If you are enjoying your classes, please tell a friend!  
We appreciate your referrals.*

**See Back for Additional Services**

# Additional Services available at Tiger Kim's Tae Kwon Do:



*Self Defense 101 is also available as a seminar for local businesses and their employees. Ask for details at the front desk.*

As part of our ongoing commitment to our local community, World Class Tae Kwon Do offers a women's self-defense seminar several times throughout the year. This seminar is open to the public and free with a \$10 donation to the -----.

Check with an instructor for the next session's date and time. This course fills up quickly, so please register yourself and any friends or family members right away.




*'Treat your child to a  **Birthday Party** they'll never forget!*

Unique, fun filled, and action packed!  
No prior martial arts experience is required to participate...so everyone 4 & up will be able to join in.

Ask an instructor today for more information!  
You Supply the Kids, We Supply the Fun!

TRY A MONTH OF TAE KWON DO FREE!



Tae Kwon Do

Name: \_\_\_\_\_

Sponsor: \_\_\_\_\_

Pick up at the front desk today!

## ***VIP GUEST PASSES***

Enjoy Tae Kwon Do even more! Invite a friend or family member to try Tae Kwon Do for free!

Our VIP Guest Pass includes 1 month of lessons and a free uniform. It's the perfect way to try Tae Kwon Do.

Pick up a Guest Pass at the front desk today!



**Tae Kwon Do  
demonstration Team**



*Do you have an upcoming special event  
at your work or school?*

Ask an instructor about having our **demonstration team** perform at your next fundraiser, health fair, or other event.

**Tiger Kim's World Class Tae Kwon Do Centers**

3935 Brian Jordan Place \* High Point, NC \* 841 - 1330

[www.tigerkimstkd.com](http://www.tigerkimstkd.com)